



THE CITY OF SAN DIEGO

Park & Recreation Department

"We enrich lives through quality parks and programs."

# OCEAN AIR RECREATION CENTER

4770 Fairport Way

San Diego, CA 92130

Office: (858) 552-1687 Fax: (858) 847-9907

[www.sandiego.gov](http://www.sandiego.gov)



## SUMMER REGISTRATION

On-Line & Walk-In  
Registration for  
Summer Programs  
begins May 16, 2015 at  
10:00am

2015

# SUMMER PROGRAM

# PARK & FACILITY INFORMATION

On behalf of the Ocean Air Recreation Council, **WELCOME** to your local Recreation Center! We are excited to continue to provide wonderful recreation services and programming to our community.

## THE OCEAN AIR RECREATION COUNCIL

This group of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, and equipment. They plan, promote, publicize, and help provide recreation opportunities for citizens in the Ocean Air boundaries. Groups, clubs, and leagues using the parks are encouraged to send a representative to the meeting.

Meetings are open to the public. We encourage and welcome your participation. The Ocean Air Recreation Council meets every 4th Tuesday of each month at 7:00pm at the Ocean Air Recreation Center. If you are interested or have concerns about your neighborhood parks and recreation center, please attend the meetings or join the council. Looking forward to seeing you at Ocean Air.

## FACILITIES AVAILABLE

Ocean Air Park and Recreation Center is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor basketball/volleyball/badminton courts
- Two meeting rooms\*
- Age appropriate playground
- Passive picnic areas
- Picnic shelters\*
- Barbeques
- Lighted Outdoor basketball court\*
- Lighted Multi purpose fields\*
- Fitness Area
- Trailhead to Carmel Mountain Preserve

\*Open to paid reservation, pending availability.



## NEIGHBORHOOD PARKS

Torrey Hills 4262 Calle Mejillones  
Sage Canyon 5252 Harvest Run Drive

For other neighborhood parks in your area stop by the Recreation office and inquire with staff.

For park use and reservations for the above listed areas including, but not limited to, sports field use, picnic areas, party jumps, and special events, please contact Ocean Air Recreation Center (858) 552 - 1687. Events with 50 or more people **MUST** have a paid permit approved by the Center Director.

## HOURS OF OPERATION

Effective: December 15, 2012

### Monday & Wednesday

12:00pm - 8:00pm

### Tuesday, Thursday & Friday

1:00pm - 8:00pm

### Saturday

9:00am - 5:00pm

### Sunday

Closed



## HOLIDAY CLOSURES

May 26, 2014 - Memorial Day

July 3, 2014 - Independence Day Observed

September 1, 2014 - Labor Day

## OFFICE REGISTRATION HOURS

Tuesday & Wednesday 4:30pm - 7:00pm

Friday 2:00pm - 7:00pm

Saturday 10:00am - 2:00pm

### Park Use Permits and Recreation Center Use

**Permits are taken by appointment only.**

**Please contact the Center Director at (858) 552-1687 to make an appointment.**

All hours are subject to change without prior notification.

## GENERAL PARK RULES

- No field use during school hours
- No smoking
- No littering
- No golfing
- No glass containers
- No motorized devices
- No remote controlled devices
- Dogs must be on a leash at all times.
- Keep dogs at a safe distance from Playground.
- No overnight camping
- No open camp fires
- No Skateboards, Bikes, Scooters, or Roller Skates around building or tot lot.



# REGISTRATION INFORMATION

## CLASS REGISTRATION BEGINS:

Saturday, May 16, 2015 at 10:00am

### **MOST PROGRAMS BEGIN:** Week of June 1, 2014 **UNLESS OTHERWISE NOTED**

- \* Registration is taken on a first come, first serve, basis. Phone or mail registration is not accepted.
- \* When classes fill to capacity, waiting lists are formed. Classes *may* be expanded to accommodate additional students.
- \* If classes do not meet minimum enrollment, they will be cancelled and a full refund will be issued.

### **PAYMENT METHOD**

- \* Payment is required at the time of registration.
- \* Payment methods for registrations taken at the Center are a credit card, EXACT cash or check payable to OARC.
- \* Online Class registration requires credit card payment.
- \* Credit cards accepted are VISA, MasterCard, American Express and Discover. We do not accept debit cards.
- \* A \$12 fee will be charged for all returned checks.
- \* Financial assistance is available. Please submit the application to Recreation Center office one week prior to the start of registration.
- \* Class fees are not prorated/discounted after the beginning of the scheduled session.

**Resident** - Resides in the City of San Diego, property taxes are paid to the City of San Diego

**Non-Resident** - Resides outside the City of San Diego (Solana Beach, Del Mar, Rancho Santa Fe, Cardiff, etc.)

### **REFUND POLICY**

- \* Refund request forms **MUST** be submitted PRIOR to the 2nd scheduled class meeting.
- \* Refunds for camps and leagues must be submitted PRIOR to the first day/game.
- \* To obtain a refund, a OARC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt. No credits to account.
- \* All requests take 10 business days to process.
- \* No partial refunds or make-ups for missed classes

### **INDIVIDUALS WITH DISABILITIES**

All classes can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide assistance along with Ocean Air contractual staff. Please request this service at least three weeks prior to the first day of the program. For more information on Therapeutic Services call (619) 525-8247.

## ONLINE REGISTRATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.



**Log onto:** [www.SDRecConnect.com](http://www.SDRecConnect.com)

### **Returning Customers (previously registered for classes online)**

Click the "My Account" button. Enter your Login (email) and password.

Log in with this password to activate your account.  
First-time Online User?

**New Accounts** – click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to active account.

**\*Please Note: (For first time users only) Parents/Guardian must create there own account first using there own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

If you need help, please click the FAQs (Frequently Asked Questions) button for information

### **FALL REGISTRATION DATE**

Online viewing of Fall Activities  
will be available

**Saturday, July 25, 2015**

Registration for Fall Classes begins

**Saturday, August 22, 2015**

**With most classes starting September 2**

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 235-1133 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

## RECREATION CENTER & PARK INFORMATION

### GYMNASIUM USAGE

A monthly gym schedule is available at the recreation center for all free play activities. Times are subject to change without prior notification. **Drinks, food, and black soled shoes are prohibited from the gymnasium, no exceptions!**

### OPEN BASKETBALL

Free play basketball is available both inside and outside on a first come, first serve basis until full court games are ready to play. See gym schedule for indoor free play hours. All ages are welcome.

### OPEN VOLLEYBALL

Participants are required to set-up and break down nets and poles. See gym schedule for indoor free play hours. All ages are welcome.

### OPEN BADMINTON & PICKLEBALL

Participants are required to set-up and break down nets and poles. See gym schedule for indoor free play badminton and pickleball hours. All ages are welcome.

**No organized play, practice or instruction is allowed in the gymnasium without approved permit.**

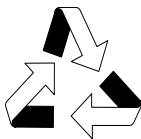
### FIELD USAGE

The Ocean Air and Sage Canyon Joint-Use Fields are a partnership between the City of San Diego and the Del Mar Union School District. The playing fields are closed to public for use 1/2 hour before the start of the school day bell and up until a 1/2 hour after the end of the school day bell. For availability & permitting call the Ocean Air Center Director at (858) 552-1687.



### RECYCLE

There are marked recyclable containers throughout the park. Keep the park clean by **RECYCLING!** Please do not overflow the containers.



### AED

For patrons in cardiac arrest, an Automated External Defibrillator (AED) is located inside the Ocean Air Recreation Center lobby.



## CONTRACTUAL PROGRAM VS. RENTAL PROGRAM

Ocean Air Recreation Center offers a variety of programs for the youth which are provided through the means of two different sources; Contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Ocean Air Recreation Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

### Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be finger-printed through the City of San Diego Live Scan Process.

Contractors must submit a business license and proof of insurance. City staff handles all registration for the program. Contractors must provide Worker's compensation coverage for all their employees.

### Requirements for Permit Holders/Rental Programs:

Must provide proof of insurance.

Must provide own advertisement for program.

Handles all registration for their programs.

Rental programs are NOT required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

Permit Holders/Rental programs are identified with a \*\*\* triple asterisk in this program.

## Having a Party in the Park?

If you would like to host a birthday or other special event at Ocean Air, Sage Canyon or Torrey Hills Neighborhood Park contact staff at the Recreation Center at 858-552-1687 for availability and permits.

### CARMEL VALLEY\*\*\*

### YOUTH SPORTS ORGANIZATIONS

**Carmel Valley Lacrosse:** [blacklax@att.net](mailto:blacklax@att.net)

**DMCV Sharks:** [www.dmcvsharks.com](http://www.dmcvsharks.com)

**North Shore Girls Softball**

[www.northshoregirlssoftball.com](http://www.northshoregirlssoftball.com)

**San Diego Youth Rugby:** [www.sandiegoyouthrugby.org](http://www.sandiegoyouthrugby.org)

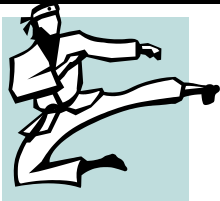
**Del Mar Little League:** [www.dml.org](http://www.dml.org)

**T. Pines Football & Cheer:** [www.torreypinespw.com](http://www.torreypinespw.com)

**Bourrisa Del Mar Soccer:** [www.borussiadelmar.com](http://www.borussiadelmar.com)



# YOUTH & FAMILY CLASSES



## COASTAL CANYON TANG SOO DO KOREAN KARATE

*Fitness, practical self-defense, and traditional  
martial arts training for the whole family*



### TINY TIGER (4-5 yrs\*)

Positive, energetic, fun.  
Focus on safety skills

**Day:** Monday **Time:** 5:00-6:00pm  
**Session:** Jun 15 - Aug 17 **Fee:** \$110 / 9 classes

**ON-LINE REGISTRATION CODE (13791)**

### LITTLE DRAGON (6-7 yrs\*)

Increase coordination and discipline.  
Skills for bullies, strangers, and emergencies.

**Day:** Friday **Time:** 5:00-6:00pm  
**Session:** Jun 19 - Aug 21 **Fee:** \$110 / 9 classes

**ON-LINE REGISTRATION CODE (13788)**

### NOVICE JUNIOR GUP (8-9 yrs\*)

Specialized beginner program  
(white to green belt) for this age group.

**Day:** Monday & Friday  
**Time:** 5:00-6:00pm  
**Session:** Jun 1 - Aug 21 **Fee:** \$230/ 22 classes

**ON-LINE REGISTRATION CODE (13789)**

### YOUTH GUP (9-12\*)

Enhance self-control, fitness,  
strength, and flexibility.

**Day:** Monday & Wednesday  
**Time:** Beginner 6-7 pm; Intermediate 6-7:30 pm  
**Session:** Jun 1 - Aug 19 **Fee:** \$230/ 23 classes

**ON-LINE REGISTRATION CODE (13792)**

### TEEN & ADULT (13 and up\*)

Improve health; enhance performance at work & school.

**Day:** Monday/Wednesday/Friday  
**Time:** Beginner 6-7 pm; Intermediate 6-7:30 pm;  
**Session:** Jun 1 - Aug 21 **Fee:** \$230 / 34 classes

**ON-LINE REGISTRATION CODE (13790)**

### ADVANCED CLASS

Advanced training for red belts and up.

**Day:** Monday/Wednesday/Friday/Saturday  
**Time:** 6-8 PM MWF, 10:30-11:30 AM Saturday  
**Session:** Jun 1 - Aug 22 **Fee:** \$270/ 42 classes

**ON-LINE REGISTRATION CODE (13808)**

\*age may vary according to rank  
no class: 6/6, 7/3—7/6, 7/11, 8/1

***Fitness, Safety, Fun — Skills for Life***  
**Internationally accredited instructors and ranking**

Contact Master Goodwin:

**coastal.canyon.tsd@gmail.com 858 356-9535 www.coastal.canyontsd.org**



## DID YOU KNOW:

### The history of Los Peñasquitos Canyon?

The Los Peñasquitos (meaning "little cliffs") Canyon Preserve is just south of Carmel Mountain Road. Native American presence in the canyon dates back 7,000 years to the prehistoric La Jolla culture! In the early 1800's a Mexican Captain, Francisco de Maria Ruiz, built an Adobe house, part of which is still standing today.

Learn more at: <http://www.penasquitos.org/>

# SUMMER CLASSES

## CIVIC DANCE ARTS

Founded in 1942, the Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance.



**CLASS DAY: WEDNESDAY**

- 2:00pm Pre-Ballet (Ages 4 - 5 )**  
**Registration Code (12863)**
- 2:45pm Beginning Tap 1A**  
**Registration Code (14145)**
- 3:30pm Beginning Jazz 1A**  
**Registration Code (12904)**
- 4:15pm Advanced Beginning Tap 2A**  
**Registration Code (14146)**  
(Per Instructor Approval)
- 5:00pm Advanced Beginning Jazz 2A**  
**Registration Code (14147)**  
(Per Instructor Approval)

### Registration:

Summer 2015 we will begin enrolling for all Civic Dance Arts classes using the ActiveNet Online Registration System. Please note that our Civic Dance Arts classes will not be visible on SDRcConnect.com until May 22 and you will not be able to enroll in any of them until registration opens on Saturday, June 20 at 10:00am.

**Fee: \$48 (10 Weeks)**  
**Session: July 1 - September 2**

**Check out the Summer Dance Camps**  
**at Balboa Park - July 13 - August 14**

**For more information contact the**  
**Dance Department at (619) 525-5255 or**  
**[www.cividdancearts.org](http://www.cividdancearts.org)**

City of San Diego Park & Recreation  
Golf Division

## P.L.A.Y. Golf Program

The P.L.A.Y. (Play, Laugh, Appreciate, Youth) Golf provides hands-on instruction in learning the fundamentals of golf in a fun and informative way using the SNAG Golf system. Available to all children 6 to 15 years. Minimum participants required from each site is 10 with a maximum of 30 participants.

**Day:** Wednesday - May 27th  
**Time:** 4:30 - 6:00pm  
**\*FIRST 30 REGISTRANTS**  
**Ages:** 6 - 15 years old



**Fee:** Free - A signed parent permission slip required.  
**Instructor:** City Recreation Staff / Golf Division  
**Registration Code (14103)**



## CRAFTY MINDS FREE SUMMER PROGRAM

Kids participate in a variety of recreation activities including crafts, sports, seasonal and cultural programs.

**Day:** Wednesday  
**Time:** 1:00 - 3:00pm  
**Ages:** 6 - 12 years old  
**Session:** On Going

**Fee:** Free - A signed parent permission slip required  
**Instructor:** City Recreation Staff



# SUMMER CLASSES

PLEASE REGISTER ONLINE OR AT THE RECREATION CENTER DURING REGISTRATION HOURS

## DANCE TO EVOLVE



### **Magical Munchkins** (2 - Young 3 yrs)

A gentle introductory combination class of tap, ballet, tumbling and dance games.

### **Tiny Movers Combo Class** (3 - 4 yrs)

A combination class of tap, ballet, tumbling and dance games.

### **Star Shiners Combo Class** (4.5 - 6 yrs)

A combination class of tap and ballet to keep your *Star Shiner* moving.

### **SATURDAY**

#### **9:15am: Magical Munchkins**

4 Week Recital Session

**Registration Code (13793)**

8 Week Session

**Registration Code (13884)**

\*\*\*\*\*

#### **10:05am: Tiny Movers**

4 Week Recital Session

**Registration Code (13798)**

8 Week Session

**Registration Code (13885)**

\*\*\*\*\*

#### **11:05am: Star Shiners**

4 Week Recital Session

**Registration Code (13796)**

8 Week Session

**Registration Code (13883)**

\*\*\*\*\*

### **SESSION DATES & FEES**

4 weeks: June 6 - June 27      Fee: \$74.00

8 weeks: July 11 - August 29      Fee: \$148.00

**For more info call (858) 876-5327 or  
Website: [www.dancetoevolve.com](http://www.dancetoevolve.com)  
"Schedule a Trial Class"**



## SUMMER SATURDAY SCIENCE

Put on your thinking cap and join us for our Saturday STEAM2 (Science, Technology, pre-Engineering, Art, Math, and Music) classes. The STEAM2 Academy provides kids ages 4-9 with educational fun-filled sessions focused on Botany, Entomology, Space Science, Rocket Science, Zoology, Biology, Chemistry, and Geology.

The STEAM2 Academy utilizes curriculum, in conjunction with NASA California Space Grant Consortium, National Science Foundation High Performance Wireless Research and Education Network, and the National Park Service.

### REGISTRATION CODE (13803)

**WEEKLY THEMES!**

**Session: June 6 - June 20 (3 weeks)**

**Day:** Saturday

**Time:** 12:00pm - 2:00pm

**Ages:** 4 - 8 year olds

**Min 7 / Max 20 Students**

**Fee:** \$100.00

**Instructor:** Kim Bruch

**June 6 - Botany & Entomology**

**June 13 - Chemistry**

**June 20 - Geology**

Questions about the program? Contact Kim at  
858-336-0053 Website: [www.steam2academy.org](http://www.steam2academy.org)

**Are you going to register online?**  
**OARC Online registration activity numbers are assigned for each class and are appear in brackets; e.g. (6262)**

# SUMMER CLASSES/CAMPS

## CHILD & BABYSITTER SAFETY CLASS



Child and Babysitter Safety Class is a community education program for youth ages 11 to 16 that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children. Participants receive a booklet and starter first aid kits, and a Babysitter certificate from The American Safety & Health Institute upon completion. Instructor Sue Lockhart, has been training babysitters in San Diego for over 20 years. *Group classes can be scheduled for Girl Scouts at special discounted rate.*



**Date:** Saturday, July 25, 2015  
**Time:** 9:00am - 1:00pm  
**Ages:** 11 years and up  
**Cost:** \$60 per person  
**Location:** Ocean Air Meeting Room  
**Instructor:** Sue Lockhart  
Minimum enrollment: 3  
Maximum enrollment: 20

**ON-LINE REGISTRATION  
CODE (14105)**



**For more information contact  
Sue Lockhart at: 858-344-0475  
Internet: [www.lockhart-training.com](http://www.lockhart-training.com)  
Email: [sue@lockhart-training.com](mailto:sue@lockhart-training.com)**

## ARTISTS STUDIO CAMP

Children are by nature creative and my job is simply to encourage the natural interest and curiosities that kids display. In these fun and creative themed art camps, children will ignite their imagination, develop concentration, build confidence, develop skills and have fun. Using real artists materials including watercolors, tempera paints, oil pastels, children create masterpieces that are truly unique. Kids bring home a portfolio at the end of each camp.



**Time:** 9am - 12pm  
**Ages:** 5 - 12 years old  
**Cost:** \$167

**Location:** Ocean Air Meeting Room  
**Instructor:** Anu Gujral  
Minimum enrollment: 6  
Maximum enrollment: 14

**Camp 1:** June 22 - June 26  
**ON-LINE REGISTRATION CODE (14115)**

**Camp 2:** July 6 - July 10  
**ON-LINE REGISTRATION CODE (14135)**

**Camp 3:** July 13 - July 17  
**ON-LINE REGISTRATION CODE (14138)**

**Camp 4:** August 3 - August 7  
**ON-LINE REGISTRATION CODE (14140)**

\*Art Materials included in registration fee.

**For more information contact  
Anu Gujral 858-386-8923  
Email: [gujralanu@gmail.com](mailto:gujralanu@gmail.com)**



# SUMMER CAMPS

## Dance To EvOLvE SUMMER DANCE CAMPS

### Beat Breakers Hip Hop Camp

Camp will include non-stop energetic hip hop fun, crafts, music and games. This camp will definitely have your little one movin' to the beats!

**Date:** July 20 - 24

**Days:** Monday - Friday

**Time:** 12:30 - 3:30pm

**Ages:** 3 - 6 years old

**Fee:** \$175 / week

**Registration Code (13797)**



### Superhero Hip Hop Camp

Superhero Theme Dance Camp will include superhero fun in hip hop dance, crafts, music and games. It's your superheroes chance to save the day!

**Date:** August 10 - 14

**Days:** Monday - Friday

**Time:** 12:30 - 3:30pm

**Ages:** 3 - 6 years old

**Fee:** \$175 / week

**Registration Code (14256)**



\*This year we have teamed up with Little Rascalz to offer two weeks of FULL DAY camps. Soccer in the morning, (9:00 - 12:00), then the kids eat lunch followed by a Hip Hop Dance Camp in the afternoon in the cool air conditioned recreation center (12:30 - 3:30).

**\*For full day camp check out our website:**

<http://www.dancetoevolve.com/san-diego/kids-camps/preschool-summer-camp-fullday>  
or call (858) 876-5327

**REGISTER ONLINE OR AT THE  
RECREATION CENTER DURING  
REGISTRATION HOURS**

## ROCK 'n TUMBLE

### GYMNASTICS CAMP

Have a blast this summer learning gymnastics, the sport of all sports!

Skills and progressions will be introduced for the introductory to intermediate gymnast. Students will learn skills on vault, bars, balance beam and trampoline as we focus on technically correct gymnastics, while having lots of fun. Gymnasts will be divided into small groups (**7:1 student: teacher ratio**) by age and ability to learn gymnastics. Daily snack and water will be provided along with fun down time activities including group games and fun theme days. Students bring a sack lunch, Monday - Thursday. **PIZZA** lunch provided on Friday.

**Dress in comfortable clothing.**

#### CAMP I

**Date:** July 6 - 10 (Monday - Friday)

**Time:** 9:00am - 1:00pm

**Ages:** 3 - 9 years old

**Fee:** \$185 / week

**Registration Code (13800)**



#### CAMP II

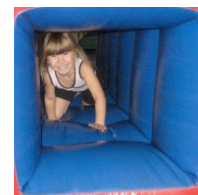
**Date:** July 27 - July 31 (Monday - Friday)

**Time:** 9:00am - 1:00pm

**Ages:** 3 - 9 years old

**Fee:** \$185 / week

**Registration Code (13801)**



#### CAMP III

**Date:** August 3 - August 7 (Monday - Friday)

**Time:** 9:00am - 1:00pm

**Ages:** 3 - 9 years old

**Fee:** \$185 / week

**Registration Code (13802)**

Registration and payment taken at the front desk of the recreation center during registration hours

**For more information contact**

**Rock 'n Tumble at**

**(858) 487-7799 or [www.rockntumble.com](http://www.rockntumble.com)**

# \*\*\*MASTER SPORTS CAMPS

## XTREME DODGE BALL CAMP

Get ready for one of the most fun games your child will play. Combining dodge ball, capture the flag, hide and go seek and paintball this game is a sure winner. We use soft foam style dodge balls for safety. Camp is held in the gym.



**Dates:** June 15 - 19

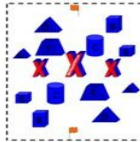
**Days:** Monday - Friday

**Ages:** 6 - 13 years old (Ages broken into groups)

**Time:** 9:00am - 12:00pm

**Fee:** \$155 / week

**\* Extended Camp \$175 - 9:00am - 3:00pm  
(Outside Activities after lunch)**



## BASKETBAL CAMP

Campers will be taught the fundamentals of dribbling, layups, passing, shooting, individual and team defense, moving without the ball, triple threat position, rebounding, boxing-out, fast-break, and 2-man offense, setting screens, rules, sportsmanship and much more. Students will scrimmage each afternoon. All summer camp participants receive an Official Master Sports Basketball and Camp T-Shirt! **What to Bring:** Lunch, extra water.

**Dates:** June 22 - 26

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 12 years old

**Fee:** \$175 / week



## GAME CHANGER CAMP

With new sports and games each day your child will not want to leave! Basketball, Soccer, Flag Football, baseball, Xtreme Dodge ball, Rally Cart Racing and many more will keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift.

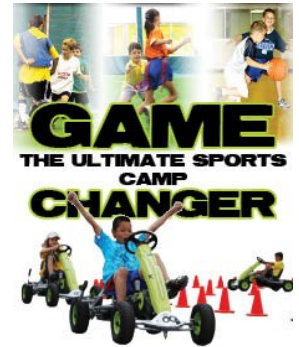
**Dates:** July 6 - 10

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 13 years old

**Fee:** \$175 / week



## JR. SPORTS CAMP

A great time for all. Participants will play soccer, basketball, tee-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength.

All summer participants experience the best introduction to sports program you can find. All summer camp participants receive a camp T-Shirt.

**Dates:** June 15 - 19

**Dates:** July 6 - 10

**Dates:** August 3 - 7

**Days:** Monday - Friday

**Time:** 9:00am - 12:00pm

**Ages:** 4 - 6 years old

**Fee:** \$125 / week



Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SD Basketball rent facility space from the City of San Diego at the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

## \*\*\*MASTER SPORTS CAMPS

### VOLLEYBALL CAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp. Participants will practice fundamentals through a variety of different drills where critiqued by our instructors. All participants receive a Camp T-shirt.

**Dates:** July 20 - 24  
**Days:** Monday - Friday  
**Time:** 9:00am - 12:00pm  
**Ages:** 9 - 13 years old  
**Fee:** \$155 / week



### FLAG FOOTBALL CAMP

Getting ready for the season? Need to sharpen your skills? Just looking to play some football? Then sign up for this fun camp. Passing, running, catching, blocking, defense, offense & more will be taught in this camp. Incorporated into this camp are unique and fun games that will improve your football skills like Capture the flag and ultimate team ball. Each morning campers will work on speed, agility and strength training through plyometrics and drills. Camp is broken into groups by skill and age. All participants receive an Official Master Sports Football and Camp T-Shirt!

**Dates:** August 3 - 7  
**Days:** Monday - Friday  
**Time:** 9:00am - 3:00pm  
**Ages:** 6 - 13 years old  
**Fee:** \$165 / week



**For more information and registration contact**  
**Master Sports at (858) 945 - 8339 or visit**  
**[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**

## \*\*\*LITTLE RASCALZ CAMPS

### LITTLE RASCALZ

### SOCCER



### Soccer 'n' Stuff

### Summer Camps

All the fun that has become synonymous with our weekly classes added together with "even more fun" for our camps. All the fun of soccer with an added mix of lots of other super duper camp like activities. Including water balloon games, T-Shirt decorating and our now famous "Bear Hunt" and "Pirate Day"!

**Ages:** 3 - 6 years old  
**Day:** Monday - Friday  
**Time:** 9:00am - 12:00pm  
**Fee:** \$175.00



### CAMP DATES

June 22 - 26

July 13 - 17

\*July 20 - 24 (Full day option available)

\*August 10 - 14 (Full day option available)

August 17 - 21

\*This year we have teamed up with Dance to Evolve to offer two weeks of FULL DAY camps. Soccer in the morning, (9:00 - 12:00), then the kids eat lunch followed by a Hip hop Dance Camp in the afternoon in the cool air conditioned recreation center(12:30 - 3:30). Call for details.

**A non refundable \$50 deposit must be made at time of registration (through the website) and balance is due 7 days before the start of the camp.**

**For more information & registration contact Coach Suzie at 619-309-9626 [www.littlerascalzsoccer.com](http://www.littlerascalzsoccer.com)**

Master Sports, Little Rascalz, Little Rookies, San Diego Rhythmic Gymnastics, Drama Kids and SD Basketball rent facility space from the City of San Diego at the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Contact them directly for all program inquiries.**



# \*\*\*YOUTH SUMMER CAMPS



**Kurtis Swanberg**



**Little Rookies**

## **T-BALL & PITCHING MACHINE SCHOOL SUMMER CAMP**

### **\*Our 21st year in Carmel Valley\***

This camp allows kids to learn the game of baseball and softball while having a great time. Instruction in base running, fielding, throwing, hitting, catching of the ball, pitching, pick-offs, fielding, bunting, fly balls, bag work and more! Daily live games.

Professional staff, great fun and t-shirts. Plus award trophy for all! Don't miss out on this fantastic experience.

**Date:** June 22 - 26  
**Days:** Monday - Friday  
**Ages:** 4 - 12 years old  
**Location:** Ocean Air Baseball Field  
**Times & Camp Fee:**  
**Full Day** 9:00am - 2:00pm \$210.00  
**Half Day** 9:00am - 11:30am \$165.00



**\*Ask for group rate and early drop offs  
 Check website for summer class schedule**



**For more information and registration  
 for camps contact Coach Kurtis at  
 858-344-7678  
[www.littlerookiestballschool.com](http://www.littlerookiestballschool.com)**

**San Diego**

## **Rhythmic Gymnastics Academy SUMMER CAMP**

If your child enjoys playing with a ball or dancing with a ribbon she or he probably will like Rhythmic Gymnastics Camp. The camp offers different activities like gymnastics, dance, ballet, track and field, and others. A child will learn how to work with a ribbon, ball, hoop, rope, and rhythmic gymnastics clubs. Our camp offers the best all-around physical education compliment to any young child's physique and development. **Your child needs to wear a gymnastics outfit and bring 2 snacks and two bottles of water per day.**

### **CAMP I**

**Dates:** July 13 - 17  
**Days:** Monday - Friday  
**Ages:** 6 - 15 years old  
**Time:** 9:00am-3:00pm  
**Fee:** Recreational Camp - \$175

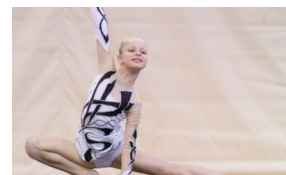
### **CAMP II**

**Dates:** August 10 - 14  
**Days:** Monday - Friday  
**Ages:** 6 - 15 years old  
**Time:** 9:00am - 3:00pm  
**Fee:** Recreational Camp - \$175

### **CAMP III**

**Dates:** August 17 - 21  
**Days:** Monday - Friday  
**Ages:** 6 - 15 years old  
**Time:** 9:00am - 3:00pm  
**Fee:** Recreational Camp - \$175

**\*Advanced camp for level 4 - 10 available.  
 Check website - Advanced Camp Fee: \$225**



**For more information and registration  
 for camps contact SDRGA  
 at (619) 852-7439  
[www.sandiegorhythmicgymnastics.com](http://www.sandiegorhythmicgymnastics.com)**

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## \*\*\*YOUTH SUMMER CAMPS

### DRAMA KIDS CAMP

Drama Kids offers unique developmental drama summer camps where acting is used as a tool to teach articulation, innovative thinking and self-expression. Children age 6 to 11 years are involved with interactive theater games and activities that focus on collaboration and confidence building.



#### Mystery Camp - Half & Full Day

Everyone likes a good mystery! Join us as campers learn what it takes to create and perform a wide variety of mystery drama scenes. Each camper will learn acting basics centered on mystery themes, and then be challenged to use their own creative thinking to act in and solve thrilling mysteries. Half day campers will conclude with a fun and imaginative parent demonstration. Full day campers will deliver their own mystery play – created, directed and performed entirely by THEM! Campers will explore all aspects of theatre from acting and directing, to set design and more. Want to know how the camp ends? (Yes, suspense is important!) Come solve the mystery with us!



**Date:** July 27 - 31  
**Days:** Monday - Friday  
**Ages:** 6 - 11 years old  
**Location:** Ocean Air Meeting Room

#### **Times & Camp Fee:**

<b>Half Day</b>	9:00am - 12:00pm	\$167.00
<b>Full Day</b>	9:00am - 4:00pm	\$250.00

Registration deadline July 9

Easy On-Line Registration @  
[www.dramakids.com/ca1/camps-events/](http://www.dramakids.com/ca1/camps-events/)

**REGISTER & PAY BY MAY 31 TO  
RECEIVE \$25 OFF TUITION!**

It's no mystery kids love our camps! Questions contact:  
619.846.2407 or [sandiegodramakids@gmail.com](mailto:sandiegodramakids@gmail.com)

## ADULT LEAGUES

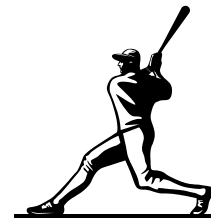
### Torrey Hills Neighborhood Park BIO - TECH CO-ED SOFTBALL

#### Monday Night

Registration Code (11298)

#### Tuesday Night

Registration Code (11300)



#### Wednesday Night

Registration Code (11301)

#### Thursday Night

Registration Code (11299)



**Fee:** \$650

Games begin week of August 4

Register online at: [www.SDRecConnect.com](http://www.SDRecConnect.com)  
(use Registration codes to register)

Registration begins May 16 at 10:00am  
*\$15 charge per game for umpire*

**For more information contact League Director  
Pete McNamara at 858-453-6208.**

### \*\*\*MEN'S BASKETBALL LEAGUE - Tuesday Night

For information contact  
Rob Powell, League Director  
(858) 829-8007 or  
[www.sandiegobasketball.com](http://www.sandiegobasketball.com)



**Are you going to register online?**

**OARC Online registration activity numbers are  
assigned for each class and are appear in  
brackets; e.g. (6262)**

# \*\*\*SUMMER CLASSES

## LITTLE RASCALZ CLASSES



### NON-COMPETITIVE SOCCER CLASSES

Classes are unique. There is no substitution to this program and our highly effective methods. Our particular style of fun/teaching is completely one of a kind and we back that up with a \*100% money back guarantee!\*

#### \*Mommy 'n' Me

For curious and energetic little ones 18mo.-3ish

#### \*Regular classes

Suitable for the majority of children 3ish-5ish

#### \*Vets classes

Slightly more challenging for children 4-6ish

#### \*Advanced classes

Advanced with competition introduced for 5-6 yrs

**Summer Session: July 7 - August 22 (7 Weeks)**

**Fee: \$129.75**

#### Day: Mondays

9:00 - 9:40 Mommy n me

9:45 - 10:25 Mommy n me

10:30 - 11:10 Regular class

#### Day: Tuesdays

9:20 - 10:00 Regular class

10:10 - 10:50 Vets class

#### Day: Fridays

3:30 - 4:10 Regular class

3:30 - 4:10 Vets class

3:30 - 4:10 Advanced class

4:20 - 5:00 Regular class

4:20 - 5:00 Vets class

4:20 - 5:00 Academy class

5:10 - 5:50 Regular class

5:10 - 5:50 Vets class

5:10 - 5:50 Advanced class

**YEAR ROUND  
CLASSES  
CHECK WEB SITE  
FOR CURRENT  
CLASSES**



**For more information & registration contact  
Coach Suzie at 619-309-9626  
[www.littlerascalzsoccer.com](http://www.littlerascalzsoccer.com)**

## MASTER SPORTS



### JR. SPORTS

Each session participants will play soccer, basketball, t-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly lots of fun. Participants receive a class T-shirt and sports gift.

**Session: June 20 – August 15 (8 weeks)**

\*No class on July 4

**Day:** Saturday

**Ages:** 3 - 4 years

**Time:** 9:00 - 9:50am

4 - 5 years

**Time:** 10:00 - 10:50am

5 - 6 years

**Time:** 11:00 - 11:50am

**Fee:** \$115.00

**For registration visit  
[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**



## Master Sports CARMEL VALLEY OPEN TEAM ENTRY SUMMER

### YOUTH BASKETBALL LEAGUE

Make your own team, pick a name, and play some basketball in two of the most beautiful facilities in San Diego. Ocean Air and Carmel Valley Recreation Centers. Teams are guaranteed eight games. This league is semi-competitive.

**Cost:** \$850 per team, includes uniforms

**Email:** [ryan@masteryoursports.com](mailto:ryan@masteryoursports.com)

Individual Players can register for the recreation league.

See website for details or call **(858) 945-8339**

Season runs late June to the end of August.

Registration deadline is May 19, 2015

Download team registration form at  
**[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**

## PARKS FIT WALK/SWIM CHALLENGE



**WALK 30 miles in 30 days**

**or**

**SWIM 20 miles in 30 days**



**July 14 - Aug 14, 2015**



Participants must enroll at any local City of San Diego Park and Recreation Center or Pool. Each participant will receive a Parks Fit San Diego bracelet to get started!

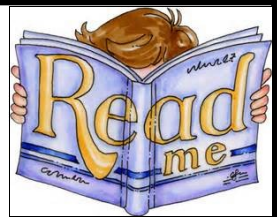
Participants who complete the challenge will receive a commemorative "I Got Fit in my Park in 30 Days" T-Shirt (while supply lasts). Participants can walk/swim independently on their own time and at their own pace, or in a group led by Park and Recreation staff. Walk and swim schedules are available at all City Recreation Centers and Pools.

**Deadline to enroll is August 1, 2015**

## SUMMER EVENTS

### BOOK NOOK

Parks and Recreation and the Library Department are partnering to provide lending libraries at recreation centers throughout the City.



Our new Book Nook - Reading is Recreation program is scheduled to roll out May 1, 2015.

We need your help obtaining donated books. We are hoping to fill the shelves with reading material for every age.

Book donations can be dropped off at any neighborhood recreation center.

*"Today a Reader - Tomorrow a Leader"*



Fun and exciting opportunities await families to explore and hike the trails of both local and regional City of San Diego hiking trails of all levels of challenges with and without the professional guidance from Park Rangers.

**April 1 to October 1, 2015**  
**Admission is Free**

A Passport obtainable from the nearest recreation center to document the visits to all the sites will be available to all participants who, at the end of the program, may qualify for award certificates and souvenir t-shirts.

<http://www.sandiego.gov/park-and-recreation/centers/index.shtml>

**RANGER LED HIKE:**  
**Carmel Mountain Preserve**

**6/14 & 6/20 at 10:00 am or 6/17 at 6:00pm**

\*At the trail entrance at the top of the stairs in the southwest corner of Ocean Air Park.

# OCEAN AIR, SAGE CANYON & CARMEL VALLEY SUMMER MOVIES IN THE PARK

Bring your blanket, pillow and/or beach chair to these fun and free events!  
Enjoy a safe and special night under the stars. Come early and enjoy activities for all ages.  
Events begin at 6pm, movies start at dusk. Snack and beverages will be available for sale.



## Despicable Me 2

**Saturday, June 27**

Carmel Valley Community Park 3777 Townsgate Drive 858-552-1616

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## Penguins of Madagascar

**Friday, July 10**

Ocean Air Community Park 4770 Fairport Way 858-552-1687

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## Home

**Friday, August 14**

Sage Canyon Neighborhood Park 5252 Harvest Run Drive 858-552-1687

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## Cinderella

**Saturday, August 15**

Carmel Valley Community Park 3777 Townsgate Drive 858-552-1616

